

Scope	Complete reference formula
Coverage	All bioactives at their maximum dose
Nature	Public reference document — not batch-specific
Edition	24 July 2026

COMPOSITION (maximum doses)

Astaxanthin	8 mg	Magnesium	360 mg
Berberine	380 mg	Maitake	1.2 g
Black Garlic	1000 mg	N-Acetylcysteine	600 mg
Boron	3 mg	Nicotinamide Riboside	300 mg
Ca-AKG	1 g	Omega-3 (EPA+DHA)	2 g
Cocoa Flavanols	200 mg	PQQ	20 mg
Collagen Type II	40 mg	Reishi	1.5 g
Collagen Types I and III	11 g	Selenium	150 µg
Copper	1 mg	Sulforaphane	40 mg
Creatine	3 g	Taurine	2 g
Curcumin	153 mg	Trehalose	6 g
Galacto-oligosaccharides (GOS)	5 g	Trimethylglycine	400 mg
Ginger	120 mg	Vitamin B12	1500 µg
Glucosamine Sulfate 2KCl	1118 mg	Vitamin B6 (P5P)	12.5 mg
Glycine	2 g	Vitamin B9	500 µg
Hyaluronic Acid	200 mg	Vitamin C	1000 mg
Iodine	150 µg	Vitamin D3	89 µg
Iron	21 mg	Vitamin K2-MK7	180 µg
L-Lysine	500 mg	Zeaxanthin	2 mg
L-Theanine	200 mg	Zinc	15 mg
Lutein	10 mg		

REFERENCE QUALITY-CONTROL SPECIFICATIONS

Parameter	Reference specification
Bioactive purity	min. 98.0 %
Lead (Pb)	< 0.5 ppm
Cadmium (Cd)	< 0.5 ppm
Arsenic (As)	< 0.5 ppm
Mercury (Hg)	< 0.1 ppm
Total aerobic count	< 1,000 CFU/g
Yeasts and moulds	< 100 CFU/g
Escherichia coli	Absence / g
Salmonella	Absence / 25 g

This sheet presents the complete reference formula (all bioactives at their maximum dose) and the general specifications that frame our quality controls. Each member formula is a calibrated subset of this composition. Applicable controls, analytical results and release criteria are documented for the relevant batches under the risk-based control plan.